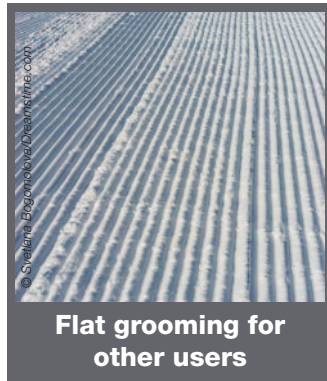
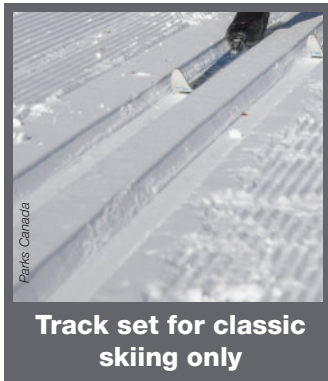


Spray River Trails

Whether you would like to explore the Spray River trails by foot, ski, snowshoe or fat bike, this guide lists the **recommended trails** for each activity.

In Banff National Park, we share the trail:

- The track-set portion of the trail is for classic skiing **only**. The flat groomed lane is for other users.
- Walk and fat bike only on hard-packed trails to prevent ruts. If your feet or tires sink deeper than 2.5 cm (1 inch), conditions are too soft.
- When climbing, please yield to descending skiers and fat bikers.
- If you fall, move off the track as quickly as possible.
- When taking a break, step to the side, leaving room for others to pass.
- Leave no trace. Pack out everything you pack in.



Although bears are denning during the winter, they can awaken at any time for short periods. Cougars, wolves and other wildlife remain active throughout the year. If you see wildlife, do not

approach; give them lots of space and observe from a distance with binoculars or a telephoto lens. If tracks are observed, do not follow them towards the animal.

Be alert, make noise, carry bear spray and know how to use it. Visit parks.canada.ca/banff-wildlife to learn more about keeping yourself safe.

Report wildlife encounters and sightings of bears, cougars, wolves and coyotes: 403-762-1470.



Looking for more winter trails available in the Banff area? Want some information about safety and wildlife? Visit parks.canada.ca/banff-winter or pick up our winter guide at a Parks Canada visitor center.

Également offert en français

